

Flood Your Body With Oxygen. It will bring years to your life, and life into your years.

Dr Francis Low

This article comes with a gift of Wealth-YOUR HEALTH. With our stressful lifestyle, Contaminated Food and Water, Polluted Air and Radiation, we should pay more attention to our HEALTH. Dr Francis Low



Ozone & Oxygen Therapies

.Oxygen therapy, oxidative therapies, therapeutic uses include autohemotherapy, auricular insufflations, colonic, Intra-muscular, Intra-arterial, ozonated olive oil, ozonated steam, ozonated water, rectal insufflations.

Ozone therapy is not some new technology. These applications have been in use around the world by alternative health care professionals and in veterinary clinics for over hundred years. Its been proven to work by doctor and veterinary clinic's for bacteria and viral infections, and pain with the lowest side effects in existence.

When the human immune system is at its peak with proper oxygen levels it can prevent many disease and other health problems. Ozone therapy can revitalize the practice of medicine with alternative therapies that work because of its antibacterial, anti-fungal, anti-inflammatory, anti-parasitic, anti-tumor and antiviral.

Ozone and oxygen therapy is one of the most powerful and versatile therapies known today. Research shows it throughout the twentieth century, mostly in Europe and other parts of the world. The action of ozone has beneficial effects on every part and organ. Some of the effects are bacterial, fungal and viral inactivation, circulatory enhancement, disruption of tumor metabolism, and stimulation of oxygen metabolism.

Oxygen plays the most vital role for an optimum immune system and maintaining health. Oxygen, along with food, is the primary nutrient that cells use to generate energy for all its functions. With oxygen, the energy production is through oxidation of the unhealthy cells.

Oxygen regulates all activities of our bodies. Our ability to think, feel, and act comes from the energy created by the oxygen. Approximately 90 percent of the our energy originates from oxygen. The oxygen we breath is our most vital element for good health.

Ozone therapy is harmless when used properly and has virtually no side effects. It is one of the most effective ways of restoring optimal levels of oxygen. Its actions have beneficial effects on every part that will stimulate the bodies immune system.



Ozone therapy has many applications within the medical and veterinary clinics where bacterial and viral cross contamination are problems that need to be addressed in many doctors offices and hospitals throughout the world. The spread of fungal or yeast infection, parasites, tuberculosis and other airborne infectious disease can be minimized when using an ozone generator.

The use of ozone generators is well documented for most all health conditions and various ailments and others like Parasites, Staphylococcus and fungal infection. Oxidative therapy is routinely practiced in countries such as Germany and Switzerland.

Oxygen therapies have many therapeutic uses that has beneficial effects on every part of our bodies. Ozone therapy is recognized by most as the most powerful versatile therapy known in alternative health because it plays vital roles in maintaining our well-being.

Oxygen (O_2), along with foods is the primary nutrient that cells use to generate energy for all its functions. This energy is produced through oxidation of the unhealthy cells.



Oxygen therapies or oxidative therapies and their therapeutic uses included here are autohemotherapy, auricular insufflations, colonics, Intra-muscular, Intra-arterial, ozonated olive oil, ozonated steam, ozonated water, rectal insufflations and hydrogen peroxide.

Everyone needs to become aware of alternative therapies regarding their health and to choose which they feel is best to fight disease. Without free choice we have nothing.

Ozonated olive oil has many therapeutic uses and benefits. Its used as topical applications for dry skin and beauty aid for wrinkles, and for treatment of sunburn. It can be inhaled directly when bubbled through the olive oil. Ozonated olive oil works when applied for cuts, bruises and other conditions.

Another method of inhalation in low concentration is through room air purifiers. This method is the simplest for absorbing it into the lungs and circulatory system.

Lemon, orange and Aloe Vera juice can be ozonated for drinking or applications to the skin. By ozonating two cups of fresh lemon juice for six hours (use larger container because of the bubbles) has been used on all skin conditions like dry skin, psoriasis and ulcers.

Other topical applications have been used on bruises, burns, gangrene, infections, muscle pains, radiation damage, and used to promote the healing of wounds.

Some physicians are injecting ozone directly into cancer tumors or into the muscle (Intra-muscular) for treating infections. Injecting it into the blood through the portal vein (Intra-arterial) may cause some adverse effects in some people. Another method, which purifies the blood of bacteria and infectious disease causing mycoplasmas, is called autohemotherapy. About 50 to 100ml. is withdrawn and mixed with medical ozone and then reintroduced by intravenous drip back into the patient.

Ozone is the only natural alternative to purify water. Research shows drinking ozonated water helps allergies, cold sores, headaches, gastritis, gum disease, mouth ulcers, thrush, ulcers, yeast infections, increases circulation, reduces infections after dental work, helps remove free radicals, helps colds, flu and virus, cleans wounds and minor bruises.

Drinking ozonated water also increases the oxygen level throughout and accelerates the healing process. Hydrogen peroxide (H₂O₂) is one natural by-product of most ozone oxidizing processes. Hydrogen peroxide is another great natural alternative for your health.

There are three methods used for administering hydrogen peroxide to detoxify; orally, intravenous and through colonic irrigation. These applications are called Oxidative Therapies. Diseases that have benefited from this oxidative therapy are heart and cardiovascular, pulmonary, infectious and immune diseases; in addition, Parkinson and Alzheimer.

Some prefer the 25-day program of oral treatments using 35 percent food grade hydrogen peroxide for cleansing. They usually start with 3 drops mixed in an 8-ounce glass of non chlorinated pure water, juice or milk and taken 3 times per day. Dosage is increased by 1 drop per day as they work up to 25 drops 3 times per day.



Its essential to provide your bodies with the necessary supplements during any oxygen therapy. OXY-MEGA colon cleanser and liquid vitamin and mineral supplements will accelerate the efficiency of ozone therapy and stimulate the internal cleansing and healing process.

Old technology with new beginnings; especially, in alternative health medicine. Its the only natural alternative therapy that could bring new life to everyone.

In 1856, just 16 years after its discovery (by homeopath Joseph Lloyd Martin^[15]), ozone was first used in a health care setting to disinfect operating rooms and sterilize surgical instruments.^[16] This surgical application has recently been rediscovered.^[17] By the end of the 19th Century the use of ozone to disinfect drinking water of bacteria and viruses was well established in mainland Europe.^[16]

No prohibition of ozone therapy is evident in Bulgaria, Cuba, Czech Republic, France, Germany, Greece, Israel, Italy, Japan, Malaysia, Mexico, Poland, Romania, Russia, Switzerland, Turkey, United Arab Emirates and Ukraine. In the USA, recently passed Alternative Therapy Legislation has made ozone therapy an option for patients in some states. In Alaska, Arizona, Colorado, Georgia, Minnesota, New York, New Jersey, North Carolina, Ohio, Oklahoma, Oregon, South Carolina, and Washington Physicians can legally use ozone treatments in their practice



SOME CONDITIONS THAT OZONE IS BEING MEDICALLY USED AROUND THE WORLD

Ozone Therapy can provide a wide range of health benefits, from relaxation and detoxification to immune system stimulation and increased blood circulation.

Some benefits of ozone therapy include:

- Help relax and loosen muscles by reducing the buildup of lactic acid.
- Oxidize toxins so they can be eliminated through major organs.
- Increase blood circulation, which helps injured muscles repair quicker.
- Stimulate vasodilatation of peripheral blood vessels for pain relief.
- Speed up the metabolic processes of the organs and endocrine glands.
- Promote cleaner, softer, rejuvenated skin.
- Normalize cell respiration.
- Help with chronic fatigue and environmental illnesses.
- Stimulate the immune system.
- reduce carbon monoxide poisoning.
- May increase oxygen, assisting the body's natural detoxifying process

More Reasons to use Ozone

1. As of 1985, more than 15 countries have allowed the use of ozone therapy, and more than 16,000 medical ozone generators have been sold in Europe alone. Of the thousands of successfully treated people, there has **not been one serious adverse reaction** related to the use of ozone made from UV light.
2. The possibility of becoming **infected** with hepatitis, HIV, syphilis or other infectious diseases through blood transfusions could be eliminated by the use of ozone.
3. **Gangrene** has been eliminated by sealing an affected extremity in a bag and pumping ozone into it, thus allowing the ozone to be absorbed through the skin. Healing takes place very quickly, and the flesh often turns from black to pink during the first treatment.
4. Ozone is **effective** in cardiovascular and cerebrovascular disease and arteriosclerosis. It promptly restores circulation, relieves angina pain and improves brain circulation and function.
5. Cancerous tumors, lymphomas and leukemia may be **eliminated** without the use of surgery, radiation or chemotherapy.
6. Ozone is highly effective for **all forms** of rheumatoid and arthritic disease.
7. Ozone is very effective for **allergies**.
8. Ozone **improves** multiple sclerosis and other neurological diseases, and ameliorates the loss of brain function in Alzheimer's, senility and Parkinson's disease.
9. External use of ozone is very **effective** in treating burns, acne, ulcers, open sores and wounds, fungus and skin disorders.
10. Ozone is **effective** for proctitis, colitis, proctitis, fissures, candida and other yeast infections, trichomoniasis, other forms of vaginitis, bladder cysts, fistulas, and Crohn's disease.
11. Mononucleosis, cirrhosis of the liver, AIDS, herpes and hepatitis have been **successfully treated** with ozone, without the use of any drug
12. The application of ozone is **painless**, has no adverse side effects and is extremely cost effective for both physicians and patients.

Therapeutic Use Oxygen Ozone Therapy

Using ozone therapy, it is extremely important that you receive all the positive effects and not become dissatisfied from its use. It will work for you, if you apply it properly. The success of this depends on retaining the mixture of gas and allowing it to absorb through the colon.

Those with large intestine that needs cleaning, you will be unable to retain the gas and have to release it after short periods of time. As treatment progress you should be able to retain it for longer periods.

Ozone therapy is introduced into the rectal cavity it is called rectal insufflations. It is important to receive all the optimum benefits that it can deliver. If the large intestine is lined with debris it will not absorb.

The ozone gas has to absorb through the intestinal walls during rectal insufflations for it to absorb into the bloodstream; therefore, the ozone is then carried through the circulatory system when the large intestine is clean.

Some people are using ozone therapy in the rectum (rectal insufflations) or vagina for 30 seconds, one to three times per day for the first week. It is best to do this immediately following an enema, colonic treatment, or soon after your bowel movement. This treatment is extremely effective for fungal growth, vagina and uterus tumors. Most of these growth can be greatly reduced or eliminated with ten treatments. This therapy is cheap, safe and effective without any side effects.

The ozone is introduced into the desired cavity which introduces up to half liter of pure ozone in humidified gas. The gas then enters the bloodstream through the intestinal walls.

The process is painless and generally creates increased vitality and well being because the blood is being oxygenated and nourished.

Turn the generator on and the gas flowing, the catheter is inserted anywhere from 2 to 3 inches. Apply vitamin E or K-Y Jelly to the catheter for lubrication when needed. The flow rate is set at 1/2 liter/minute, or 5 cc/min. Some prefer to reduce the flow rate to 1/32 liter/minute. This allows for higher levels and longer exposure times.

One can usually do rectal insufflations applications for 10 minutes at the lower flows and vaginal for 30 minutes at these low flow rates. The low flow method allows for higher contact time, which increases the absorption of it throughout. It also saves on oxygen and helps prevent cramping.

In cases of high fungal or yeast infections, most start treatments with alternate daily uses for 20 days. Start with the 60 second approach, if you cannot hold it in, try the 30 seconds and work up to 60 seconds.

After 20 days most will revert to one per day if the large intestine is clean. For most, the fastest and most efficient way to loosen the encrusted debris is by irrigating the colon first.

Using ozonated steam in cabinets is currently being used around the world for alternative health by aestheticians, chiropractors, massage therapists, and other practitioners because they recognize this natural way to detoxify and cleanse. Ozonated steam stimulates circulation and increases the oxygen supply.

Ozone Cancer Treatments

How It Works

Cancer cells die when exposed to oxygen (cancer cells are anaerobic). There are many oxygen and ozone treatments, however, this article will discuss two of the best known and most effective "Stage IV" treatments - infusion bottle and ozone I.V.

Ozone therapy using an infusion bottle involves removing part of the blood from the body, saturating this blood with oxygen (i.e. ozone - O₃), then putting this oxygen rich blood back into the body.

An ozone I.V. simply injects a fluid saturated with ozone into the blood. Both treatments work by getting oxygen into the body.

The Ozone RHP technique, which puts ozone gas directly into the bloodstream, is discussed in a separate article. (See link above)

Ozone Therapy

There are many different ways to get oxygen to the cancer cells using either Hydrogen Peroxide or Ozone. The Ozone treatments discussed herein must be administered by a medical practitioner.

In infusion bottle therapy: "a pint of blood is drawn from the patient and placed in an infusion bottle. The ozone is then forced into the bottle and mixed in by shaking gently, whereupon the blood turns bright cardinal red ... The treated blood is then given back to the patient."

There are very few cancer cells in the blood, for most types of cancer. In any case, it is the oxygen put back into the body that actually treats the cancer. It is very similar to an ozone I.V. except that the blood is being used as the fluid transport for the ozone. There are other benefits as well by using this treatment because of the high dose of ozone given to part of the blood.

Ozone treatments are generally given from twice a week to twice a day, depending on how advanced the disease is and other issues. Treatments can last for weeks or months.

Ozone I.V. is a similar treatment, except that no blood is extracted. An ozone saturated fluid is put into the bloodstream via I.V.

- *"Ozone has been found to be an extremely safe medical therapy, free from side effects. In a 1980 study done by the German Medical Society for Ozone Therapy, 644 therapists were polled regarding their 384,775 patients, comprising a total of 5,579,238 ozone treatments administered. There were only 40 cases of side effects noted out of this number which represents the incredibly low rate of .000007%, and only four fatalities. Ozone has thus proven to be the safest medical therapy ever devised." Considering that about 100,000 Americans a year die from drug reactions and interactions, ozone therapy is amazingly safe."*

EBOO (Extracorporeal Blood Oxygenation & Ozonation)



This ozone therapy is extremely safe and is very effective for all kinds of Cancer, Heart Problems, Cholesterol, and High Blood Pressure. All tubing, filters, needles are used for ONLY ONE patient and blood is only circulated OUTSIDE the machine. So the whole process is completely free from contamination and infection.

Cancer Danger

26,089 Cancer Cases Diagnosed Last Year

Let us start worrying about this killer before it gets to us.
It is a lot closer than you think!



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26,089 cancer cases diagnosed last year

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Cancer danger

Chua: One in four will be afflicted

BY AUDREY EDWARDS

KUALA LUMPUR: One in four Malaysians can expect to suffer from cancer at the 100th birthday with the majority of cases aged above 40 according to the first National Cancer Registry (NCR) Report.

Describing the trend as "disturbing", Health Minister Tan Sri Chua Jui Meng said a Cancer page would be presented detailing the findings of the report as well as strategies to combat the disease.

"I have instructed the Clinical Research Service under the ministry and expert groups to prepare a Cancer page. We need the support of the



● **FROM PAGE 1**
tered cases are taken into account;

● 82% of all new cancer patients will be aged 40 and above;

● About 40,000 new cases are reported yearly;

● One in 19 Malaysian women will get breast cancer but Chinese women have a risk of 1 in 14;

● Malaysian women top the list of those getting nasopharyngeal (nose) and mouth cancer worldwide;

● Chinese are most vulnerable to breast, lung or nose cancers, Indians to mouth, larynx, oesophagus and tongue cancers, and Malays to thyroid cancer, lymphatic leukaemia and lymphoma.

The report also found that Malaysian men were most likely to get cancers of the lung, nasopharynx, colon, leukaemia, rectum and prostate while women would be vulnerable to cancers of the breast, cervix, colon, ovary, leukaemia and lung.

KUALA LUMPUR: Health Minister Tan Sri Chua Jui Meng said a Cancer page would be presented detailing the findings of the report as well as strategies to combat the disease.



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Symptoms Of Breast Cancer

The population is increasing and therefore the actual number of cases is more, although the actual percentage of people diagnosed with breast cancer is not significantly different (although it is higher) than in years past.

One of the things that many people fail to understand is that anyone can get breast cancer. Although it is thought to be tied somewhat to being hereditary, that does not mean that you will not get breast cancer if there is no occurrence of it in your family history.

Another thing that is equally puzzling is why more people, particularly women where breast cancer is most likely to happen, do not get regular checkups from their doctor to check for it. I know of multiple people who were diagnosed with breast cancer, and when asked when the last time they had a mammogram done to check for the presence of breast cancer, they indicated it had been a number of years. This is truly unfortunate because like most things, if breast cancer is caught as early as possible, the chances of beating it become incredibly greater.

You should be aware of the symptoms of breast cancer, sometimes also known as inflammatory breast cancer so that you can see your doctor as soon as possible if these symptoms exist. These symptoms include:

- * A breast that appears bruised, or is pink or purple.
- * If your breast is feeling tender or firm and enlarged.
- * A consistent warm feeling in the breast.
- * Pain or itching in the breast that is constant.
- * A ridged or dimpled skin texture, kind of like an orange peel.
- * Flattened, retracted, swollen or crusted skin around the nipple.
- * Lumps or enlarged lymph nodes under the arm or around the collarbone.

This is not an exhaustive list of symptoms but if you are experiencing any of these symptoms or signs, you should see your doctor as soon as possible to get checked out. Most health insurance companies will pay for this examination, because they realize that it is going to cost them much more if the cancer is allowed to grow instead of being diagnosed, caught, and remedied early on in its development stages.

Many of these same symptoms can also indicate the presence of a breast infection called mastitis. This type of infection most frequently (although not exclusively) occurs in younger women, usually under age 35, who are breast feeding young children. This is not breast cancer but is a simple infection that is most easily treated with prescription antibiotics. It is frequently accompanied by fever. The difference here is that breast cancer does not cause a fever, nor does it respond to antibiotics.

The bottom line is that you need to be aware of the classic symptoms of breast cancer, since the earlier it is diagnosed and treated, especially with the advances in today's medicines, the better your chances of beating it.

Daily Express



INDEPENDENT NATIONAL NEWSPAPER OF EAST MALAYSIA
Established since 1963

268,000 new oral cancer cases yearly

Published on: [Wednesday, November 26, 2003](#)

Kota Kinabalu: Oral cancer accounts for the 11th commonest form of cancer, with oral leukoplakia, as an instance, showing a prevalence (from epidemiological studies) ranging from 0.96 to 16.9 per cent for Malaysia and 0.2

to 11.7 per cent for other countries.

Annually, 268,000 new cases are diagnosed, and 128,000 deaths reported. The overall survival rate for oral cancer is less than 50 per cent over a five-year period. It has not improved in the last 30 years. The reason for this is that the disease is diagnosed only in its late stages and for the regional metastasis.

For the benefit of dental surgeons practising in Sabah, a symposium on “Oral Cancer, What the GP can do”, organised by the Malaysian Dental Association (MDA) with the cooperation of the Dental Division of the Sabah Health Services Department, will be held on Dec 15.

“Dental surgeons, especially those in the private sector, should therefore participate in this rare opportunity,” said Dr Zaiton Hj Tahir, who is the State Coordinator for the Implementation of the National Programme for Primary Prevention and Early Detection of Oral Pre-cancer and Cancer.

There will also be a hands-on course, “An Innovative Procedure in Fixing Loose Lower Complete Dentures and Long Term Mini Implants”, she added.

According to her, the MDA would be presenting three guest speakers, Dr Rosnah Zain, Dr M. Thomas Abraham and Dr Philip CS Ting.

Dr Rosnah, currently a professor and head at the Department of Oral Medicine and Periodontology, Universiti Malaya, is also the president-elect of the Malaysian Section of the International Association of Dental Research - Southeast Asian Division. Her works involving major research in oral cancer and potentially malignant lesions - aspects on prognostic indicators and training of dentists for oral cancer screening, have been widely published in local and international journals.

Her talk would centre on “Diagnosis and Management of Leukoplakia and Lichen Planus in the Oral Cavity”. Besides oral leukoplakia, epidemiological studies have also shown a prevalence of oral lichen planus (OLP), ranging from 0.38 to 5.4 per cent for Malaysia and 0.1 to 2.3 per cent for other countries.

Management of these two lesions differs and the importance of differentiating between OLP, especially the plaque type from leukoplakia, will be highlighted in relation to the management strategies for these patients.

“The final objective of this presentation is to get general dental practitioners to know how to clinically diagnose and treat these lesions while also recognising which type and/or at what stage a referral of such patients to specialists will be required,” said Dr Zaiton.

Dr M. Thomas, attached to Tengku Ampuan Rahimah Hospital, Klang, worked in India and United Kingdom from 1991 - 2000 before returning to Malaysia and joining the Ministry of Health at Selayang Hospital. He is currently Publications Secretary for the Malaysian Dental Journal and is also Commission Chairman, Oral Disease Asia Pacific Dental Federation.

His presentation deals with the protocols involved in managing oral cancer and the recent developments in the field of cancer towards diagnosis and management and also looks at the role of dental surgeons in early diagnosis and involvement in managing the patient. He will also talk on the “Non-flap Mini

Implant”.

Dr Ting, a private dental practitioner and part-time Universiti Malaya lecturer, will talk on “Mini-dental Implants in General Practice” and conduct a workshop on the same subject.

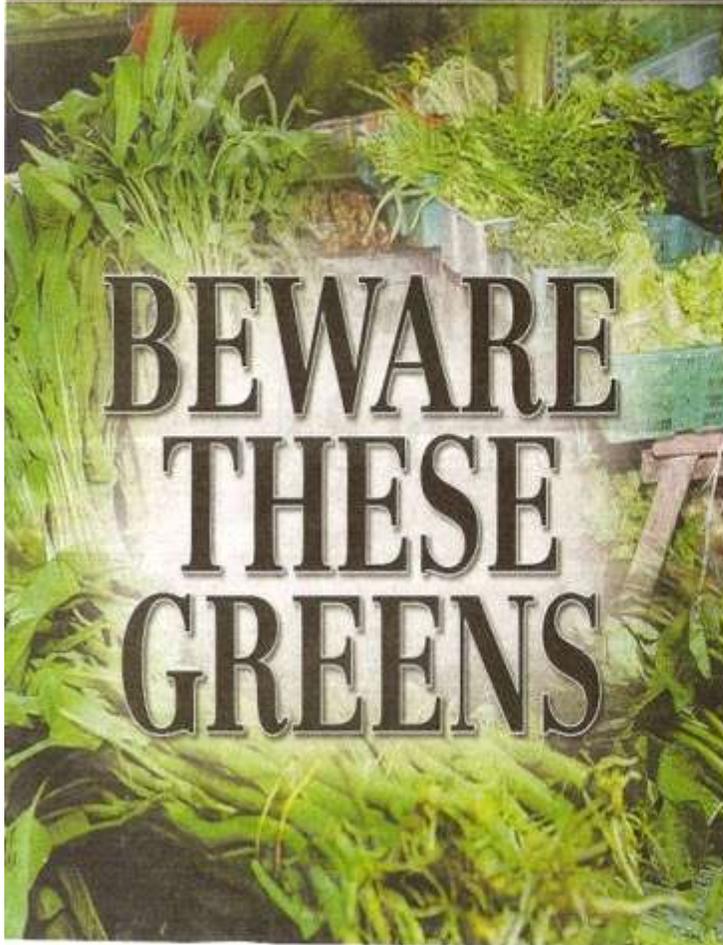
The complexity of the conventional implant procedure keeps many dental surgeons away from doing implants. High capital investment of equipment, long term learning curve and failure consequences are other deterring factors.

The talk therefore is to persuade dental surgeons that the mini-dental implant is safe, reversible and simple to use. Extended usage of the mini implants in selected situations will be presented.

The hands-on session not only demonstrates simple trauma-free chairside procedure to help loose dentures but also to show how to preserve valuable bone mass. The mini dental implant is cost effective and versatile. The procedure is predictable and has a sound scientific base, according to Dr Zaiton.

75% of vegetables sold at wet markets, supermarkets, night markets and grocery stores in Selangor were highly contaminated with **CANCER-CAUSING PESTICIDES.**

Peninsular Malaysia RM1.20 Sabah and Sarawak RM1.80 Brunei B\$1.80 • PP413/9/2007



Study reveals vegetables sold at Selayang wholesale market in Selangor are contaminated.

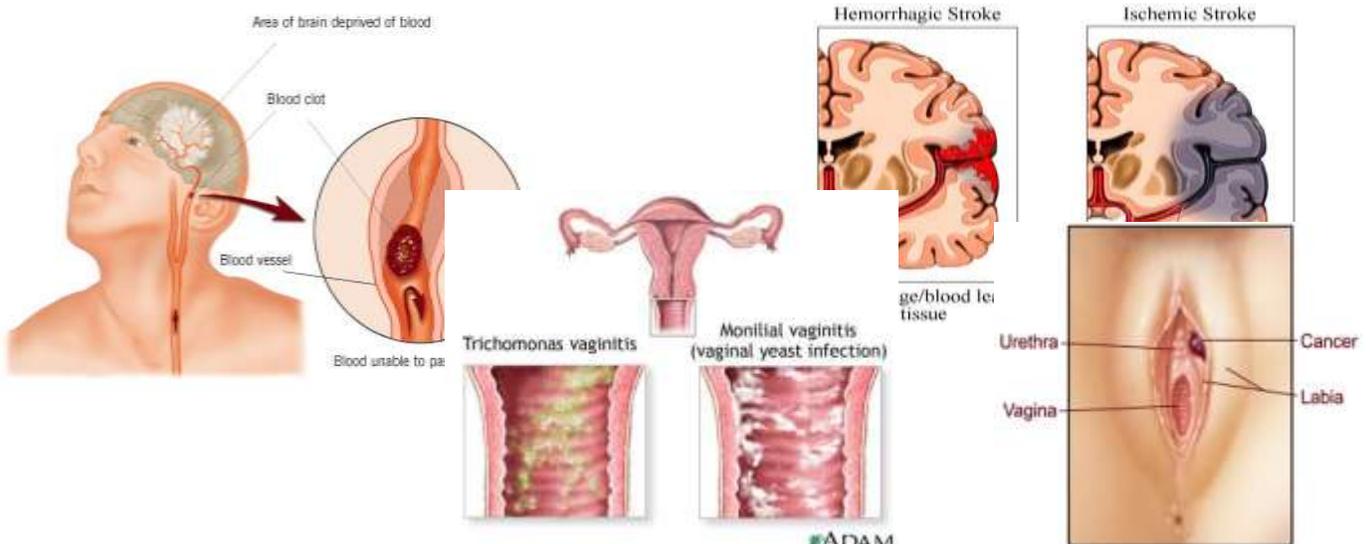
'We found it hard at first to believe that the celery and curry leaves were 100 per cent contaminated.'

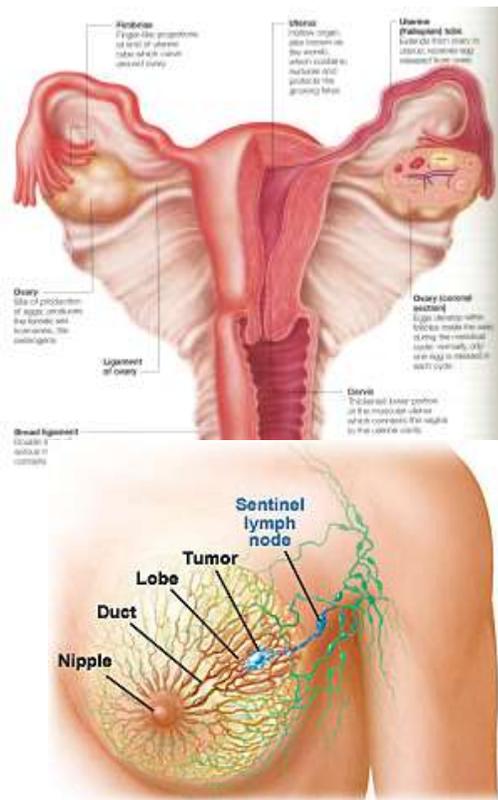


— Dr Nurul Izzah Ahmad, Researcher of Institute for Medical Research

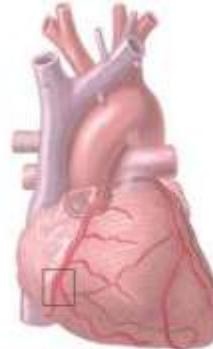
- Two-thirds of the 93 samples of six popular vegetables were found to be contaminated with at least one pesticide
- Some of the other contaminated vegetables were spinach (*bayam*), kangkung, round cabbage and Chinese mustard.
- The Selayang market supplies greens to about three-quarters of the supermarkets, wet markets, night markets and grocery stores in Selangor.

Ozone Therapies are highly effective in the prevention of Stroke, Blocked Arteries, Breast Vagina Uterus Tumors, Vagina Fungal Infection, VD, Heart Diseases, High Blood Pressure ,Cholesterol and Cancer





Blockage in right coronary artery



ADAM



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